



2024

Knox County Hunger Impact Report

Who's Hungry in our County?

59,148

people live in Knox County

6,530 (11%)

residents are living in poverty¹

17,179 (29%)

are eligible for charitable food assistance²

Source: U.S. Census Bureau; 2023 American Community Survey estimates, Table C17002

Families served here:

69%

had at least 1 senior or child in their home

36%

had 1 or more children in their home (under 18)

39%

had 1 or more seniors in their home (60+)

Service and Household data source: Mid-Ohio Food Collective PantryTrak system

Feeding Knox County

How much food did Mid-Ohio Food Collective and its partner network distribute to Knox County in 2024?

1,797,636

pounds of nourishing food!

42% of food distributed came from government sources.

How many times did Knox County families get food?

26,587

service visits in 2024

3% more

visits than in 2023

Food is Health

Research shows that consistent access to fresh food improves health outcomes for individuals, families, and communities.

54%

of food distributed was fresh food, including meat, dairy, eggs, fruits, vegetables, bread, and other perishable items.

Leading Agency Partners

- Interchurch Social Services – Knox Co
- Mid-Ohio Market at Center of Hope
- Central Christian Church Food Pantry

Mid-Ohio Food Collective supplies food to more than 600 food pantries, soup kitchens, shelters, after-school programs, senior housing sites, and produce markets in 20 counties in central & eastern Ohio.

For more information or to volunteer, donate, advocate visit: www.mofc.org

¹Household is living below 100% of the Federal Poverty Level based on family size and income.

²People residing in a household with income below 200% of the Federal Poverty Level based on family size. State of Ohio guidelines determine these people may have trouble meeting basic needs, including consistent access to food.